



## “HOWL” TO BE: Gluten Free

All these items can be made Gluten Free just for you!  
Simply read the quote under the item upon ordering.



Before placing your order, please inform your server whether you or other guests in your group have food allergies. Lost Dog will do its best to offer and provide items free of identified allergens. However, Lost Dog can't guarantee that cross contamination with allergens may not occur since our kitchen handles and prepares food containing a variety of potential allergens. Lost Dog also relies on our suppliers' ingredient information and they may change product ingredients and preparation practices without our knowledge. Thus, we suggest that you verify ingredients to determine suitability to your medical and dietary needs.

## Appetizers

**Grecian Dog Dip** ..... 7.95  
Oven roasted tomatoes, parsley, kalamata olives blended and served with warm pita wedges  
*“Hold the pita, I'll take tortilla chips instead!”*

**Hummus & Pita Chips** ..... 6.95  
Our zesty Mediterranean hummus served with warm pita chips.  
*“Hold the pita, I'll take tortilla chips instead!”*

**Guacamole and Chips** ..... 6.95  
Classic appetizer served with tricolored tortilla chips  
*No Howling Necessary! This dish is already totally gluten free!*

**Lost Dog Dip** ..... 7.95  
7-layers starting with our homemade chili, cheddar cheese, guacamole, shredded lettuce, pico de gallo, green onions and black olives served with tortilla chips and pita.  
*“Hold the pita, I'll take extra tortilla.”*

**Green Dog Dip** ..... 7.95  
Spinach and artichoke dip topped with pico de gallo and served with tricolored tortilla chips and pita.  
*“Hold the pita, I'll take extra tortilla.”*

**Black Bean Dip** ..... 7.95  
Black bean puree smothered with melted mozzarella and cheddar cheese, topped with sliced avocado, pico de gallo, and served with tricolored tortilla chips and pita.  
*“Hold the pita, I'll take extra tortilla.”*

## Salads

All Large Salads are served with a slice of Pita.  
*You'll want to Howl, “Hold the Pita!”*

### Gluten Free Dressing Options:

Balsamic Vinaigrette, Blue Cheese, Caesar, Peppery Parmesan, Feta Vinaigrette, Oil & Vinegar, Ranch, Thousand Island, Cucumber Wasabi, Avocado Ranch

**Caesar Salad** ..... lg 7.95 sm 4.95  
Add Grilled Portabello 3.00, Sliced Chicken 3.00 or Tuna 5.00  
*“Hold the croutons, please!”*

**Garden Salad** ..... lg 6.95 sm 3.95  
Add Grilled Portabello 3.00, Sliced Chicken 3.00 or Tuna 5.00  
*No Howling Necessary! This dish is already totally gluten free!*

**Greek Salad** ..... lg. 9.95 sm. 5.95  
Mixed greens, onions, green peppers, tomatoes, kalamata olives. Topped with crumbled feta cheese, and served with feta vinaigrette.  
*No Howling Necessary! This dish is already totally gluten free!*

**Apollo Salad** ..... 12.95  
Back by popular demand, our awesome Greek salad topped with grilled sliced chicken breast, cucumbers and feta vinaigrette  
*No Howling Necessary! This dish is already totally gluten free!*

**The Fat Willis Chopped Salad** ..... 11.95  
Grilled chicken breast, crisp smoked bacon, fresh avocado, crumbled feta cheese, tomatoes, cucumbers, and red onions on top of mixed greens. Served with peppery parmesan dressing.  
*No Howling Necessary! This dish is already totally gluten free!*

**Avo-Dogo Salad** ..... 10.95  
Our homemade chicken salad or albacore tuna salad on top of chopped mixed greens with tomatoes, red onions, cucumbers and sliced avocado. Served with balsamic vinaigrette.  
*No Howling Necessary! This dish is already totally gluten free!*

**Howling Hound Salad** ..... 10.95  
Mixed greens with sliced grilled chicken, sweet corn, black beans and avocado topped with house made pico de gallo and avocado ranch dressing.  
*No Howling Necessary! This dish is already totally gluten free!*

**Doghouse Salad** ..... 10.95  
Mixed greens, oven roasted tomatoes, portabello mushroom, kalamata olives, artichokes, cucumber, roasted red peppers and sliced fresh mozzarella. Served with feta vinaigrette.  
*No Howling Necessary! This dish is already totally gluten free!*

**Fiesta Dog Salad** ..... 10.95  
Fresh mixed greens, chicken, cheddar, red onions, cucumbers, mushrooms, red peppers, and pico de gallo with peppery parmesan dressing.  
*No Howling Necessary! This dish is already totally gluten free!*

**Dock Dog Salad** ..... 12.95  
A bed of mixed greens, fresh avocado, cucumber, oven roasted tomatoes, kalamata olives, topped with a grilled tuna steak. Drizzled with cucumber wasabi dressing.  
*No Howling Necessary! This dish is already totally gluten free!*



# Soups

**Chicken Corn Chowder** ..... **cup 3.95 bowl 5.95**  
A rich and creamy chowder with chunks of chicken, sweet corn and sliced green onions.  
*“Hold the Crackers, Please!”*

**Chicken Tortilla Soup** ..... **cup 3.95 bowl 5.95**  
Lost Dog Style with white beans, flavorful chicken and tomatoes in a chicken broth served with tortilla chips on the side.  
*No Howling Necessary! This dish is already totally gluten free!*

**Lost Dog Chili – Sante Fe Style** ..... **cup 3.95 bowl 5.95**  
Full bodied mild chili topped with cheddar and green onions.  
*No Howling Necessary! This dish is already totally gluten free!*

# Gourmet Pizzas

*You'll want to order your pizza on our Gluten Free crust (it has no Dairy either!). Individual size (add \$3), or Small (add \$4).*

**Mickey's Magic** ..... **ind 11.95 sm 16.95**  
A white pizza with oven roasted tomatoes, pine nuts, kalamata olives, and fresh mozzarella, topped with fresh basil and a sprinkle of shredded mozzarella.

**Pointer Pie** ..... **ind 11.95 sm 16.95**  
Our whole wheat dough is drizzled with olive oil then topped with pine nuts, spinach, tomatoes, crumbled feta cheese, a touch of mozzarella cheese and sprinkled with rosemary.

**Great Pyrenees** ..... **ind 11.95 sm 16.95**  
A white pizza with sliced portabella mushrooms, spinach tomatoes, smothered with fontina and mozzarella cheeses topped with fresh basil on top of our housemade whole wheat pizza crust.

**Rin Tin Tin Pie** ..... **ind 12.95 sm 17.95**  
Our marinara sauce with sliced portabello mushrooms, spinach, red onions, red peppers topped with fresh mozzarella and basil on our house-made whole wheat pizza crust.

**Big Red Pie** ..... **ind 11.95 sm 16.95**  
Our marinara sauce topped with fresh mozzarella on whole wheat pizza crust topped with fresh basil.

**Pizza di Mare** ..... **ind 12.95 sm 17.95**  
Crabmeat, scallops, shrimp, onions, green peppers, garlic butter, covered with mozzarella and parmesan cheeses.

**The Catahoula** ..... **ind 11.95 sm 16.95**  
Spicy tomato sauce, marinated chicken breast, spinach and sliced tomatoes, covered with mozzarella cheese and basil

**Greek Pie** ..... **ind 11.95 sm 16.95**  
Tomato sauce, spinach, onions, tomatoes, black olives, topped with feta and mozzarella cheese and basil.

**The Popeye Pie** ..... **ind 11.95 sm 16.95**  
A white pizza with spinach, roasted red peppers, chicken, fontina and mozzarella with a touch of fresh basil.

**The Whippet Pie** ..... **ind 11.95 sm 16.95**  
A great addition to our famous line of white pizzas! Roasted red peppers, sliced chicken breast, mozzarella and fontina cheeses with a touch of basil.

**Ricky Ricotta** ..... **ind 11.95 sm 16.95**  
A white pizza lover's dream! Touch of garlic butter, ricotta and mozzarella cheeses, fresh tomatoes, spinach and a pinch of basil.

**White Pizza II** ..... **ind 11.95 sm 16.95**  
Garlic butter, parmesan, mozzarella and fontina cheeses sprinkled with fresh basil.

**White Pizza I** ..... **ind 10.95 sm 14.95**  
Garlic butter, parmesan and mozzarella cheeses.

**Burro Pie** ..... **ind 11.95 sm 16.95**  
Our homemade whole wheat crust topped with our black bean dip, mozzarella and cheddar cheese, lettuce and our fresh pico de gallo.

**Kujo Pie** ..... **ind 11.95 sm 16.95**  
Homemade tomato sauce with pesto, artichoke hearts, grilled chicken breast, fresh tomatoes, mozzarella cheese and basil.

**Pedigree Pie** ..... **ind 11.95 sm 16.95**  
Garlic butter, artichoke hearts, tomatoes and spinach covered with parmesan, fontina and mozzarella cheeses and sprinkled with fresh basil.

**Cheese Steak** ..... **ind 11.95 sm 16.95**  
Thinly sliced top round with sauteed onions and green peppers in a garlic sauce smothered in mozzarella cheese.

**Mediterranean Pie** ..... **ind 11.95 sm 16.95**  
Homemade tomato sauce, fresh eggplant, spinach, green olives, parmesan and mozzarella cheeses seasoned with thyme.

**Pete's Pie** ..... **ind 11.95 sm 16.95**  
A white pizza with Pete's Hot Sauce, marinated chicken, and red onion, topped with mozzarella and green onion.



**Mixed Cheese** ..... ind 11.95 sm 16.95

A cheese lover’s glory. Mozzarella, provolone, parmesan, fontina and cheddar cheeses atop our fresh tomato sauce.

**Sardegna** ..... ind 11.95 sm 16.95

Marinated chicken breast chunks, garlic butter, olives, capers and onions covered with parmesan and mozzarella cheeses and a touch of rosemary.

**Nouvelle Veggie** ..... ind 11.95 sm 16.95

Homemade tomato sauce, fresh mushrooms, spinach, onions and green peppers with mozzarella and cheddar cheeses.

**Shelter Dog Pie** ..... ind 11.95 sm 16.95

Marinara sauce, pesto, marinated chicken breast, spinach, tomatoes, portabella mushrooms, and fresh mozzarella.

**Chicken Taco** ..... ind 11.95 sm 16.95

Homemade crust, salsa and sliced chicken breast, topped with cheddar cheese, shredded lettuce and pico de gallo

# Create Your Own Pizza

Start with a Basic Gluten Free Pizza with Housemade sauce and Galbani’s all natural Mozzarella cheese.

**Individual 12.95 Small 15.95**

Toppings are +.75 each on the Individual, and +1.25 each on the Small. *\*Indicates Double Topping Charge*

SAUCE	CHEESES	MEATS	VEGETABLES	
Marinara	Cheddar Cheese	Bacon	Banana Peppers	Fresh Mushrooms
*Pesto	Feta Cheese	*Anchovies	Black Olives	Onions
*Pesto Marinara	Fontina Cheese	*Chicken Breast	Zucchini	Spinach
*White Garlic	Ricotta Cheese	*Shrimp	Tomatoes	*Artichoke Hearts
	Extra Cheese	*Crab meat	Green Olives	*Pine Nuts
	*Daiya Vegan Mozzarella		Green Peppers	*Oven Roasted Tomatoes
	*Brie Cheese		Jalapeno Peppers	*Portabello Mushrooms
	*Fresh Mozzarella		Kalamata Olives	*Roasted Red Peppers

# Lost Dog Specialty Sandwiches

Tell us you’d like your sandwich on a Gluten Free Kaiser Roll (+\$1)

Add on Chips & a Pickle (+95¢) or Homemade Cole Slaw (+\$1.95)

**1. HCBLT** ..... 8.50  
Hot hictory ham, melted provolone cheese, bacon, lettuce, tomatoes and mayo.

**4. Roast Beef Club** ..... 8.50  
American cheese melted over roast beef with bacon, lettuce, tomatoes and mayo.

**2. Billy’s Philly** ..... 8.50  
Char-grilled chicken breast, melted cheddar cheese, lettuce, tomatoes and garlic mayo on a toasted sub roll.

**6. San Diego** ..... 8.50  
All white chicken salad or tuna salad, avocado and crispy bacon with lettuce, tomatoes and mayo served on toasted wheat berry bread.

**8. Veggie** ..... 8.50  
Fresh zucchini, avocado, spinach and mushrooms with melted provolone cheese, wrapped in a warm pita.

**9. K-9** ..... 8.50  
Smoked turkey breast, brie, tomatoes, lettuce, and a pesto mayo on a buttery croissant.

**10. Surf ‘N Turf** ..... 9.50  
Lean roast beef, backfin crabmeat, melted brie cheese, and dijonnaise.

**13. Arlington Club** ..... 8.50  
Lean roast beef, crispy bacon, melted Swiss, horseradish sauce and spicy mustard.



- 14. El Bandido** ..... **8.50**  
Grilled chicken breast, bacon, red peppers, red onions, ranch, zesty horseradish, Swiss cheese, and a pinch of crushed red peppers served hot in a pita.
- 15. Patrick Ross** ..... **8.50**  
Roast beef, turkey breast, bacon, American cheese, lettuce, tomatoes and mayo. Served Hot
- 16. National** ..... **8.50**  
Lean roast beef, turkey breast, crispy bacon and melted muenster, topped with coleslaw and thousand island dressing on a toasted sub roll.
- 17. Bow Wow** ..... **8.50**  
Garlic infused chicken breast chunks topped with bacon, parmesan, melted fontina and mozzarella with romaine lettuce and house-made red pepper vinaigrette on a toasted sub roll.
- 18. President** ..... **8.50**  
Lean roast beef, brie, bacon, avocado and mayo. Served Hot
- 19. Sammy's Club** ..... **8.95**  
Sliced chicken breast, crispy bacon, fresh avocado and melted brie tucked into a toasted sub roll with pesto mayo, lettuce and tomato.
- 20. The Cowboy** ..... **8.50**  
Hot roast beef, sauteed mushrooms, onions and green peppers, with melted brie cheese and a touch of garlic.
- 21. The Phoenix** ..... **8.50**  
Tender chunks of seasoned chicken breast baked and placed in pita with melted mozzarella cheese, lettuce and garlic mayo.
- 22. Sea Dog Salad** ..... **9.50**  
Backfin crabmeat, scallops and shrimp tossed in a cilantro mayonnaise, served on a butter croissant with lettuce and tomatoes.
- 26. Purebred** ..... **8.50**  
Grilled pita stuffed with spinach, tomatoes, artichoke hearts and melted mozzarella and fontina cheeses with a touch of basil.
- 28. Yuppie Puppy** ..... **8.50**  
Grilled chicken, lettuce, tomatoes, red onions, zesty horseradish and melted provolone on a toasted sub.
- 29. Downward Dog** ..... **8.50**  
Garlic toast with oven roasted tomatoes, spinach, fresh mozzarella and basil.
- 30. The Bird** ..... **8.50**  
Chicken breast seasoned with garlic, tomato sauce and melted parmesan and mozzarella cheeses on a toasted sub roll.
- 31. Spinach Melt** ..... **8.50**  
Spinach, tomatoes, parmesan and garlic topped with melted mozzarella and cheddar cheeses.
- 32. The Falcon** ..... **8.50**  
Char-grilled chicken breast with sauteed onions and green peppers, tucked inside a warm pita with melted mozzarella cheese and garlic mayo.
- 33. Turkey Reuben** ..... **8.50**  
Turkey breast, melted Swiss cheese, creamy cole slaw and thousand island dressing on grilled rye bread.
- 34. Akita** ..... **9.50**  
Grilled yellowfin tuna steak served on a toasted kaiser roll with lettuce, tomatoes and cucumber wasabi dressing.
- 35. The Coyote** ..... **8.50**  
Lean roast beef, lettuce, tomatoes, red onions, hot peppers, zesty horseradish and melted cheddar cheese served on a toasted sub.
- 36. Big Dog** ..... **8.50**  
Grilled chicken breast, melted mozzarella and feta cheeses, garlic mayo, lettuce and pico de gallo stuffed in a warm pita.
- 37. Groovy Dog** ..... **8.50**  
Spinach, oven roasted tomatoes, kalamata olives, melted mozzarella and fontina cheese topped with fresh basil and served on a warm pita.
- 38. Irish Gyro** ..... **8.50**  
Grilled roast beef, feta cheese, garlic mayo, lettuce, tomatoes and red onions stuffed in a warm pita.
- 40. Westover Club** ..... **8.50**  
Hickory ham, turkey breast, bacon and melted provolone cheese with lettuce, tomatoes and mayo served on wheat berry bread. Served Hot
- 41. California Dreaming** ..... **8.50**  
Whole wheat sub roll stuffed with our lean sliced turkey breast with lettuce, tomatoes, alfalfa sprouts and avocado.
- 42. Mutty** ..... **8.50**  
Warm pita stuffed with grilled chicken breast, pesto, tomatoes, spinach, melted provolone cheese and basil.
- 43. Healthy Dog** ..... **8.50**  
Warm pita stuffed with homemade hummus, tomatoes, onions, cucumber, avocado, alfalfa sprouts and lettuce
- 44. Cowgirl** ..... **8.50**  
Char-grilled chicken breast with sauteed mushrooms, onions and green peppers, topped with melted brie on a toasted roll.
- 45. The Fat Molly** ..... **8.50**  
Roasted red peppers, spinach and grilled chicken topped with melted mozzarella, feta and basil in a pita.
- 46. Emory's Portabella** ..... **8.50**  
Portabella mushrooms, red peppers, red onions, spinach, pesto, mozzarella cheese and a pinch of basil served in a warm pita.
- 48. Lola Lab** ..... **8.50**  
Homemade black bean dip, melted cheddar and mozzarella cheeses topped with shredded lettuce, pico de gallo and fresh avocado served on a warm pita.
- 51. Buffalo Beagle** ..... **8.50**  
Lost dog's version of Buffalo. Pete's Hot Sauce, marinated chicken, lettuce, onions, and melted provolone tucked into a toasted sub roll.
- 52. Jammin Jamie** ..... **8.50**  
Grilled chicken breast, lightly sauteed onions and green peppers, red peppers on a warm pita with melted brie cheese.
- 53. Grownup Grilled Cheese** ..... **8.50**  
Melted cheddar and Swiss cheese, topped with tomatoes and avocado served on wheatberry bread.



## Create Your Own Sandwich

All of the Items below are safe to mix and match for your own special sandwich!

<b>Chicken Salad</b>	<b>8.50</b>	<b>B.L.T. With Avocado</b>	<b>8.50</b>	<b>Reuben</b>	<b>8.50</b>
<b>Mixed Cheese</b> (provolone, cheddar, swiss)	<b>8.50</b>	<b>B.L.T.</b>	<b>7.50</b>	<b>Tuna Salad</b>	<b>8.50</b>
<b>Lean Roast Beef</b>	<b>8.50</b>	<b>Turkey Breast</b>	<b>8.50</b>	<b>Tuna Melt With Bacon</b>	<b>8.50</b>
<b>Corned Beef</b>	<b>8.50</b>	<b>Grilled Chicken</b> “No Oil, No Garlic Butter, Please”	<b>8.50</b>	<b>Steak &amp; Cheese</b>	<b>8.50</b>
				<b>Grilled Cheese</b>	<b>5.95</b>

**Breads:** Gluten Free Kaiser Roll (+\$1)

**Condiments:** Mayo • Garlic Mayo • Zesty Horseradish • Thousand Island • Blue Cheese • Pesto • Dijon Mustard • Ketchup • Oil & Vinegar

**Cheese:** Cheddar • Swiss • American • Provolone • Muenster • Feta • Brie (add \$1) • Daiya Vegan Mozzarella(add \$1) • Fresh Mozzarella (add \$1)

**Veggies:** Lettuce • Tomatoes • Onions • Black Olives • Sprouts • Hot Peppers • Banana Peppers\*Spices

## Milkshakes

**\$5.59** Just Say, “Hold The Malt!” To Enjoy Our Gluten Free Flavors Listed Below:

**Banana**

**Coffee Cappuccino**

**Chocolate**

**Mint Chocolate Chip**

**Vanilla**

**Mocha**

**Black&White**

**Strawberry**

**Banana Fudge**

**Strawberry Banana**

